# THE DUKE OF EDINBURGH'S AWARD









## What is the DofE?

The DofE is a life-changing adventure for young people aged 14-24

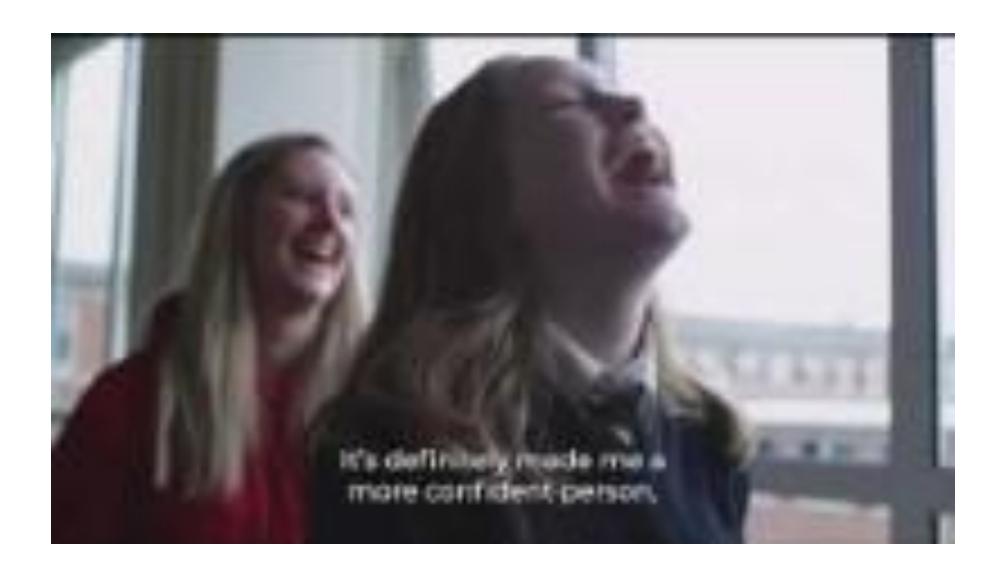
It helps young people develop skills for their future life and work







# Introducing the DofE





# **BRONZE**

Volunteering 3 months

Physical 3 months

Skills 3 months

PLUS a further 3 months in the Volunteering, Physical or Skills section.

Expedition 2 days 1 night



Available to Years 9, 10 and 12





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# SILVER

Volunteering 6 months

**Physical** 

Skills

one section for 6 months, the other for 3 months

Direct entrants
must do a
further 6 months
in the Volunteering,
or the longer of the
Physical or Skills
sections.

Expedition 3 days 2 nights



Available to Years 10 and 12







## GOLD

Volunteering 12 months

**Physical** 

Skills

one section for 12 months, the other for 6 months Direct entrants
must do a
further 6 months
in the Volunteering,
or the longer of the
Physical or Skills
sections.

Expedition 4 days 3 nights



Residential 5 days 4 nights





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Available to Year 12



## Gold at BHFCS

Students wishing to complete Gold have 2 options

- 1. They choose to complete their Expeditions through the school, in which case, they must come and declare the group that they will complete these with prior to signing up. All students in the group are then committed to following through. Groups are a minimum of 4 students, a maximum of 7.
- 2. They choose to complete their Expeditions externally we can provide support with finding these. In this case BHFCS is **only** their Award Holder and **no** Expeditions will be completed with the school.





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# Volunteering section

Helping others and making a difference to the causes they care about











#### Helping people

- Helping children
- Helping children to read in libraries
- Helping in medical services e.g.
   Hospitals
- Helping older people
- ☐ Helping people in need
- Helping people with special needs
- Tutoring
- Young carer
- Youth work

# Community action & raising awareness

- Campaigning
- Cyber safety
- Council representation
- Drug & alcohol education
- Home accident prevention
- Neighbourhood watch
- Peer education
- Personal safety
- Promotion & PR

# Helping a charity or community organisation

- Administration
- Being a charity intern
- Being a volunteer lifeguard
- Event management
- Fundraising
- Mountain rescue
- Religious education
- Serving a faith community
- Supporting a charity
- Working in a charity shop





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# Physical section

Improving their health and fitness and having fun along the way!







## PHYSICAL



#### Individual sports Airsoft **Activity** Archery that gets Athletics (any field or your heart track event) rate up Biathlon/Triathlon/ Pentathlon/ Aguathon Bowls Boxing Pétanque Croquet Roller blading Cross country Roller skating running Running Cycling Static trapeze Fencing Supercross Geocaching Ten pin bowling Golf Trampolining Gymnastics Wheelchair fencing Horse riding Wrestling Modern pentathlon Motocross Orienteering Paintballing



Roller derby Rogaining

Rugby (union/League)

Rounders











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Pétanque

# Skills section

Developing existing skills or discovering new things to love









## SKILLS

#### Media & communication

Amateur radio

Blogging

Communicating with people who

are visually impaired

Communicating with people who

have a hearing impediment

Film & video making

Journalism

Newsletter & magazine

production

Signalling

Vlogging



Alternative therapies

Cookery

Democracy in action

Digital lifestyle

Driving: car maintenance/car

road skills

Driving: motorcycle maintenance/

road skills

Event planning

First aid – St John/St Andrew/

BRCS

Hair & beauty

Learning about the emergency

services

Learning about the RNLI

(Lifeboats)



Life skills

Massage

Money management

Navigation

Public speaking and debating



Church bell ringing

Composing

\_\_ DJing

Playing a musical instrument

Playing in a band

Reading & notating music



**Activity** 

that

develops

your mind





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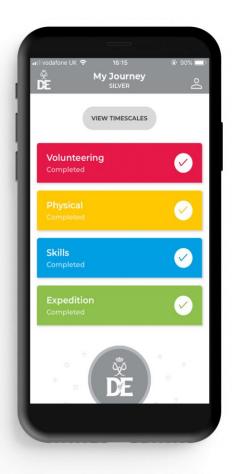
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# Record Keeping

Done online through eDofE

- App
- Website

Should record 1 hour per week per activity













10/4/19. A high level of understanding has been achieved with solving for algebraic unknowns. The student can now solve for

Mentoring 13

4/4/19. Revision with my peer on science. I helped him understand the concept of cell division: mitosis, the four main

Mentoring 12

Helped out my mentoree in computer science instead of maths, the main subject that is helped on. I helped him

Mentoring 11

21/3/19. Helped other students with their math homework as well as my default mentoree. I have developed my skills in

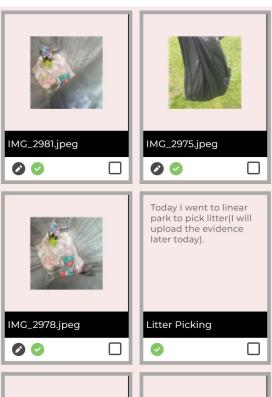
Mentoring 9

14/3/19. Mentoring done on multiple MyMaths homework pages that the student required help on.

Mentoring 8

28/3/19. A lot of maths work covered. Expanding brackets can now be performed by the mentoree, even with the Mentoring 10

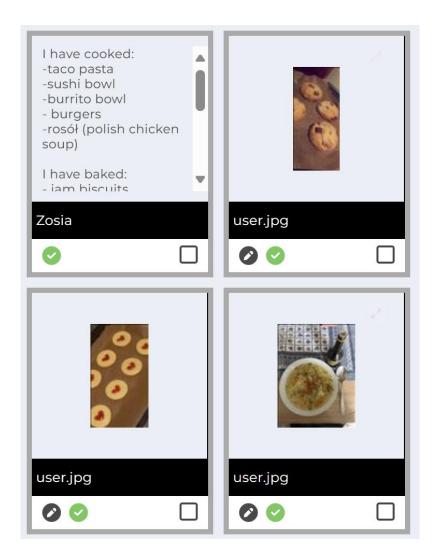


















## Assessment

#### Done online through the Assessors Portal

 An Assessor will comment on how you have progressed towards achieving the goal you set for the section, and verify that you have completed a sufficient number of hours

Your Assessor cannot be related to you and must have enough evidence to support your sections completion

- They are identified when you load the section into eDofE
- Examples: tutor teachers, swim coaches, neighbours, music teachers











**Start date:** 02/09/2024

**End date:** 02/03/2025

**Progress made:** She has spent the season honing

her skills and spending extra

training sessions improving her

technique. At the end of the

season she was named the teams

setter and she has consistently

able to jump serve.

Achievements: She managed to learn how to run

the team sets and jump serve.and

has improved her overall

knowledge.





# **Expedition**

Spending time in the great outdoors and creating lifelong memories











	Bronze	Silver	Direct Silver	Gold
Training	2 full days	2 full days	3 full days *first day of training is Day 1 of Bronze training	2 full days
Practice	2 x 2 days, 1 night	2 x 2 days, 1 night	2 x 2 days, 1 night	2 x 3 days, 2 nights
Qualifying	2 days, 1 night	3 days, 2 nights	3 days, 2 nights	4 days, 3 nights







# **Training**

Basic First Aid

Cooking on a Trangia Navigation Skills

Pitching a tent

Route Planning





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Residential (Gold Award only)

Five days and four nights away from home

Sharing experiences and creating new connections









#### Service to others

- Being a leader at a UKbased holiday camp for disadvantaged young people.
- Undertaking a voluntary teaching placement overseas.
- Being part of a service crew at a large summer camp for Brownies.
- Volunteering on a YHA residential summer camp.
- Volunteering at a residential summer school.
- Being an assistant to support an eco-friendly waste project at an outdoor education centre
   Helping out on a pilgrimage.

#### Environment and conservation

- Joining a tree planting project with your local environment trust.
- Attending a conference on climate change as a youth representative
- Helping the preservation team of a railway or canal
- Studying coral bleaching in Australia.
- Joining a National Trust working holiday and join different conservation projects in various locations across the UK.
- Taking part in a Field Studies course learning about biodiversity and conservation.

#### Learning

- Undertaking a cookery course.
- Doing a photography course and exhibiting your work.
- Taking part in a bushcraft residential.
- Spending time on a narrowboat and training towards becoming a skipper.
- Taking part in a field studies course.
- Learning to write and produce music and putting on a show.
- Taking part in an astronomy course, learning about constellations, black holes and solar systems.
- Taking part in a week-long Gaelic or Welsh language and culture course.



- Taking part in a sport based residential developing your basketball skills.
- Taking part in multi-faith residential, studying different religions.
- Joining an ACF activity week with members of different detachments you don't know.
- Learning to snowboard on an intensive course in Scotland.
- Joining an historical reenactment society.







## Cost

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	Bronze	Silver	Direct Silver	Gold
Award Cost  Due by 17 Oct	£35	£35	£35	£35

This covers your enrolment into the Award and access to eDofE platform.

If you are choosing to complete your Expeditions though BHFCS there is an additional payment for this. These details will be made available with the Expedition Launch on 20 Jan 2026.

Pupil premium students can use their allowance for to cover this cost please email me directly to discuss this.





# **Expedition Cost**





To be confirmed after Expedition Launch on 20<sup>th</sup> January 2026. Covers the cost of the Expeditions run through school, including camp fees, travel, gear, emergency supplies, assessor and instructors, etc.

	Bronze	Silver	Direct Silver	Gold
Total Cost	£135	£105	£135	£95
Split over 2 instalments	2200	2200	2100	





# How to get involved

Please return the registration form to Miss Wright by 17<sup>th</sup> October and pay the registration fee on ParentPay by 17<sup>th</sup> October.



Registration forms are attached to the information letter. Please collect from a staff member if you do not already have one.

Registration forms can be returned in person to Miss Wright (A1) or your tutor teacher, or by email to e.wright@hughfaringdon.org

Login session for eDofE is 21<sup>st</sup> October 3.15-4.00pm in C1 all registered students to attend.

