



PHYSICAL EDUCATION



Curriculum Overview Key Stage 3&4

KEY STAGE 3		
	Topic	Key Themes
YEAR 7	Football	Sending and receiving and skill development
	Rugby	Sending and receiving and skill development
	Netball	Sending and receiving and skill development
	Basketball	Sending and receiving and skill development
	Fitness	Fitness testing and training methods to help determine setting for KS3
	Athletics	Sending and receiving and skill development

	Topic	Key Themes
YEAR 8	Football	Application of skill development and used in conditioned games
	Badminton	Application of skill development and used in conditioned games
	Netball	Application of skill development and used in conditioned games
	Basketball	Application of skill development and used in conditioned games
	Table Tennis	Application of skill development and used in conditioned games
	Athletics	Skill development and competition
	Topic	Key Themes
YEAR 9	Football	Learning through playing
	Badminton	Learning through playing
	Netball	Learning through playing
	Basketball	Learning through playing
	Table Tennis	Learning through playing
	Athletics	Skill development and competition



KEY STAGE 4

Examination Specification:

	Topic	Key Themes
YEAR 10	GCSE PE	<ul style="list-style-type: none">• Applied anatomy and physiology• Physical training.• Socio-cultural influences• Sports psychology• Health, fitness and well-being.
	BTEC Sport	<ul style="list-style-type: none">• Preparing Participants to Take Part in Sport and Physical Activity• Taking Part and Improving Other Participants Sporting Performance Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity
	Core	Opportunity to enjoy sport and a healthy active lifestyle
	Topic	Key Themes
YEAR 11	GCSE PE	<ul style="list-style-type: none">• Applied anatomy and physiology• Physical training.• Socio-cultural influences• Sports psychology• Health, fitness and well-being.
	BTEC Sport	<ul style="list-style-type: none">• Preparing Participants to Take Part in Sport and Physical Activity• Taking Part and Improving Other Participants Sporting Performance• Developing Fitness to Improve Other Participants Performance in Sport and Physical Activity
	Core	Opportunity to enjoy sport and a healthy active lifestyle

Extracurricular and Enrichment opportunities

- Football
- Basketball
- Netball
- Rugby
- Badminton
- Athletics
- Table Tennis
- Duke of Edinburgh

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